

MEDIUM  
Intensity

## Whitewater Kayak / Canoe Instruction

1 Day Zero to Hero



*Come paddle with us for a day – in either kayak or canoe! Madawaska Kanu Centre, located just east of Algonquin Park, is a world-renowned paddling destination. We are three generations of whitewater champions, ready to share our love and passion of running rivers with you.*

### ITINERARY:

You've chosen your boat – will it be kayak or canoe? With a gentle start on calm water, we cover the foundation to paddling and get you comfortable on the water. A hot buffet lunch is served at midday to refuel before transitioning into the current. Putting it all together, the afternoon will see you run a Class I-II set of rapids. This is why we call it "Zero to Hero" - the experience will get you hooked on river running! Your new sport has begun.

Please see full itinerary breakdown [here](#).

### MORE INFORMATION:

**Dates** Monday – Thursday  
June 5 – September 1, 2023

**Departure** Arrival at 8:30am, departures at 4:30pm

**Price** \$480 CAD per person

### Includes

1 day kayak or canoe instruction with experienced guide, paddling equipment, lunch and transfer shuttle from the resort to the river.

### Plan Your Visit

Please check out our packing information page on our [website](#)!



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