

MEDIUM
Intensity

Whitewater Kayak / Canoe Instruction

1 Day Zero to Hero



Come paddle with us for a day – in either kayak or canoe! Madawaska Kanu Centre, located just east of Algonquin Park, is a world-renowned paddling destination. We are three generations of whitewater champions, ready to share our love and passion of running rivers with you.

ITINERARY:

You've chosen your boat – will it be kayak or canoe? With a gentle start on calm water, we cover the foundation to paddling and get you comfortable on the water. A hot buffet lunch is served at midday to refuel before transitioning into the current. Putting it all together, the afternoon will see you run a Class I-II set of rapids. This is why we call it "Zero to Hero" - the experience will get you hooked on river running! Your new sport has begun.

Please see full itinerary breakdown [here](#).

MORE INFORMATION:

Dates Monday – Thursday

Departure Arrive at 8:30am
Depart at 4:30pm

Includes

1 day kayak or canoe instruction with experienced guide, paddling equipment, lunch and transfer shuttle from the resort to the river.

Plan Your Visit

Please check out our packing information page on our [website](#)!



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