Rafting the Ottawa River



50+ Years of Rafting Experience Authentic Canadian Experience 6 Hours of River Adventure

Just an hour northwest of Ottawa, the Ottawa River carves its way through the ancient, rugged landscape of the Canadian Shield.

OWL Rafting's family-owned resort is rooted in sustainable tourism, offering cozy accommodations, fresh local homecooked food, and a chance to disconnect from screens and reconnect with yourself. Whether you're seeking heart-pounding adventure, time in nature, or a wellness-oriented retreat, OWL delivers a uniquely Canadian escape. Ideal for first timers and seasoned water enthusiasts alike, it's whitewater rafting that nourishes the body, mind, and soul.





Meals: Famous for our locallysourced cuisine. Options for vegetarian and gluten-free.



Choose the relaxed Soft Adventure or a more active Medium Adventure, guided by our passionate team. Every trip ends on our signature Pontoon Boat—unwind with a grilled meal as you cruise back to OWL's sandy beach.

Day Trips



Low Intensity

Soft Adventure Rafting & Meal Cruise

Experience the great Canadian river trip – a full day introduction to whitewater enjoying the natural roller coaster where you paddle as a team.

No experience necessary.



Capacity

46 per trip, 1 trip daily



Weight Requirements 50 lbs / 23 kgs



Duration 8 hours



Meals

BBQ Lunch

GROUP FIT SIT FLY-DRIVE



Medium Intensity

Adventure Rafting & Meal Cruise

Level up the intensity by paddling down bigger sections of whitewater. Enjoy body surfing and cliff jumping in the warm Ottawa River.

No experience necessary.



Capacity

92 per trip, 2 trips daily



Weight Requirements



90 lbs / 41 kgs



Duration 8 hours



Meals

BBQ Lunch

GROUP FIT SIT FLY-DRIVE



Overnight Packages

Our all-inclusive overnight packages let you choose from a range of unique accommodations.









40 OWL Lane, Foresters Falls, Ontario, K0J 1V0

613-646-2263 | raft@owlrafting.com www.owlrafting.com